



Volunteering ideas

24 September 2024

TIME GIVEN, PEOPLE SUPPORTED
Celebrating volunteering and philanthropy in the City of London

We are delighted that you are taking part in City Giving Day 2024.

City Giving Day is the perfect opportunity to demonstrate the support you provide to charities and good causes, and is one day in the year when businesses can unite to celebrate and showcase their charitable and volunteering achievements with employees, clients, suppliers and the public.

We've put together a few volunteering suggestions, if you have any other great ideas, do let us know, by tagging us on social media, or emailing cgd@thelordmayorsappeal.org

There are lots of organisations that can help you arrange your volunteering, a few are listed below:

- [OnHand](#)
- [Employee Volunteering](#)
- [ELBA](#)

Don't forget to share your photos, using #CGD #GoRed #CityGivingDay We can't wait to see what you get up to!

Organise a litter pick

either in the area around your offices or a local park. You could make it fun by turning it into a litter treasure hunt – first person to find 50 bottle tops wins a prize!



Harvest Festival

arrange a harvest festival collection and donate any goods to a local foodbank or other good cause



Offer your services to local organisations

maybe a charity needs some bookkeeping, or a school could do with some marketing support. Can you and your colleagues offer your skills and time?



Donating blood

is a quick and easy way to give back – just one donation could save up to three lives! Your company could host a blood donation drive or employees could attend an established event.



Organise a volunteer recruitment drive

if your charity partners have volunteering opportunities, ask them to come in and tell your colleagues more about the ways they could help.



Volunteering opportunities with The Lord Mayor's Appeal charity partners



The National Numeracy volunteering programme provides employees from corporate partners with online training to enable them to deliver sessions in primary schools that inspire children to see the value of maths in the real world.

The activities aim to:

- Enable pupils to make the link between what they are learning and the world of work.
- Encourage children to think about jobs that involve maths.
- Inspire children to see the maths in everyday life beyond school.
- Challenge stereotypes about careers and the world of work.
- Enable volunteers to showcase and develop presentation, planning and communication skills.
- Give volunteers an enjoyable experience, creating a sense of achievement.
- Build relationships between schools and corporate organisations.

To find out more contact ellie@nationalnumeracy.org.uk



MQ's volunteering platform offers a number of virtual micro-volunteering opportunities to help drive forward understanding of mental health through taking part in studies and helping to shape future research.

Research opportunities include:

- Addictive behaviours
- Anxiety and depression
- Autism
- Eating disorders
- General mental health
- OCD
- Personality disorders
- PTSD
- Substance mis-use
- Suicide and self harm

To find out more visit [Participate](#)